

IHN Alpha House Rules- Condensed

1. Outside friends and family of IHN residents are not permitted in the facility unless the visitor is pre-approved and/or participating in a wraparound planning meeting.
2. Smoking is only permitted on the front patio off the kitchen.
3. When in the facility, all families should keep their room keys with them. When leaving Alpha House, families should turn their keys into the front desk and sign out. When they return they should sign in and pick up their keys.
4. All families are to be awake and dressed by 9am.
5. All families should be back at Alpha House by 6pm daily for dinner.
6. Curfew is 30 minutes before the youngest child's bedtime for that family. (Bedtime for children under 13 is 8:30pm and 9pm for teenagers.)
7. Lights go out at 11pm on weekdays and 12am on weekends, families should be in their room and the shelter quiet after that time.
8. All bedrooms and bathrooms are to be kept clean throughout the week and will be inspected regularly.
9. Chores should be completed timely as assigned by the shelter coordinator.
10. No food is permitted in bedrooms.
11. Parents should keep their children within eyesight at all times.
12. No spanking, hitting or name-calling is permitted as discipline at Alpha House.
13. Families must be accompanied by staff/ volunteers in the following areas:
 - service room
 - meeting room
 - volunteer room/ bedrooms
 - supply closet
 - staff offices
 - big kitchen
 - basement
 - reception area
 - other family's bedrooms
14. Use of the basement play area requires a minimum of two adults (at least one staff and/or volunteer) with children at all times.
15. If rules are not being followed, the following procedures will be instituted:
 - a. Verbal reminder
 - b. Written warning if problem persists
 - c. 3 or more written warnings can result in termination from the program